

nourished

LIGHT BITES

Secret Smokehouse Salmon
strained yoghurt, cucumber and beldi lemon
24

Crushed Avocado and Clarence Court Poached Egg
sourdough, kimchi and toasted grains (V)
25

Superfood Salad
*tenderstem broccoli, kale, heritage carrot,
goji berry, freekeh, white balsamic (Vg)*
19

Crudit  Selection
raw vegetables, green tahini, harissa yoghurt (Vg)
21

(V) Vegetarian (Vg) Vegan (N) May contain nuts

All prices are inclusive of 20% VAT. A 15% discretionary service charge will be added to your final bill.
Should you have any questions regarding the content or preparation of any of our food please ask one of our team.

MAINS

Poke Bowl

*sushi rice, wakame, avocado, siracha mayo, trout roe, edamame
salmon or tofu or tuna*

37

Grilled Chicken Breast

*rainbow vegetable "coleslaw", tender stem broccoli,
sesame & soya dressing*

34

Harissa Baked Cauliflower

butter bean hummus, pomegranate, capers, golden raisins (Vg)

28

Pesto Linguine

cherry tomatoes, yellow courgette, micro basil, roasted pine nuts (V)(N)

28

additions:

Grilled Chicken Breast | +11

Grilled Prawns | +12

(V) Vegetarian (Vg) Vegan (N) May contain nuts

All prices are inclusive of 20% VAT. A 15% discretionary service charge will be added to your final bill.
Should you have any questions regarding the content or preparation of any of our food please ask one of our team.

SWEETS

Yogurt and Blackberry Tart

18

Valrhona Araguani 72% Chocolate Mousse

caramelised hazelnuts (Vg)(N)

18

(V) Vegetarian (Vg) Vegan (N) May contain nuts

All prices are inclusive of 20% VAT. A 15% discretionary service charge will be added to your final bill.
Should you have any questions regarding the content or preparation of any of our food please ask one of our team.

LIQUID HEALTH

OPTIMAL WELLBEING JUICES AND SMOOTHIES

Immune - Boosting Ginger Shot | 9

orange, lemon, ginger, turmeric, black pepper

Antioxidant Booster | 12

beetroot, grapefruit, carrot, ginger, lemon

Green Glow Juice | 12

celery, cucumber, green apple, spinach, coriander, lime juice

Feel Good Juice | 12

orange, carrot, apple, strawberry

Beet & Berry Detox Smoothie | 12

beetroot, blueberry, raspberry, red apple

Instant Pick-Me-Up Smoothie | 10

banana, peanut butter, shot of espresso, almond milk

Triple Berry Power Smoothie | 14

strawberry, blueberry, raspberry, lime, mint, coconut water

WHEYD. PROTEIN SHAKES

PROTEIN POWDER AT ITS BEST

*wheyd. protein empowers you to achieve your highest athletic ability
one shake at a time*

Chocolate Mochaccino | 10

An indulgent shake, formulated with Chocolate Wheyd. Protein to enhance performance, build muscle, and aid recovery

*chocolate wheyd. protein, banana, shot of espresso,
almond milk (optional), chia seeds, cinnamon*

Green & Lean | 10

With slow-release energy from carbs, protein for muscle repair and superfood nutrients this shake is the perfect way to start the day

*coconut water, vegan vanilla wheyd. protein, oat milk (optional),
pineapple, spinach, mint*

Berry Blast | 10

A blast of anti-oxidative berries and Strawberries & Cream Wheyd. Protein to help stay lean and fuller for longer

*strawberries & cream wheyd. protein, coconut water, blueberry,
raspberry, strawberry, peanut butter*

WATER

| | 330ml | 750ml |
|-------------------------------|-------|-------|
| Belu Still or Sparkling Water | 4.5 | 7 |
| Wales | | |
| Coconut Water | 6 | |

TEAS & TISANES

bespoke artisan teas directly sourced from family-run farms with only genuinely natural ingredients -blended for corinthia london by canton tea

| | |
|-------------------------------------------------------|---|
| Fresh Mint | 7 |
| Fresh Ginger & Lemon | 7 |
| Jasmine Pearls | 9 |
| English Breakfast English Breakfast Decaf Earl Grey | 8 |
| Matcha Green Tea | 9 |
| Silver Needle White Tea | 9 |

All prices are inclusive of 20% VAT. A 15% discretionary service charge will be added to your final bill.

COFFEE

*rainforest alliance certified Arabica beans -
full bodied coffee with a great depth and intensity*

| | |
|-----------------|---|
| Espresso | 6 |
| Ristretto | 6 |
| Macchiato | 6 |
| Double Espresso | 7 |
| Americano | 8 |
| Cappuccino | 8 |
| Caffè Latte | 8 |
| Mocha | 8 |

CHAMPAGNE & WINE

CHAMPAGNE

Glass

Bottle

Laurent-Perrier, La Cuvée Brut, NV

24

119

Laurent-Perrier, Brut Rosé, NV

31

155

WHITE WINE

125ml

Carafe

Bottle

Sancerre 2023

16.5

48

89

Domaine Henry Natter, Loire Valley, France

Chardonnay 'Acero' 2020

20.5

55

105

Marimar Estate, California, USA

ROSÉ WINE

125ml

Carafe

Bottle

Château d'Esclans, Whispering Angel 2022

17.5

51

90

Provence, France

RED WINE

125ml

Carafe

Bottle

Bourgogne Rouge 'Pinot Noir' 2020

19.5

53

110

Domaine Chavy Chouet, Burgundy, France

Wines by the glass are served as 125ml measures or 375ml carafes.

All prices are inclusive of 20% VAT. A 15% discretionary service charge will be added to your final bill.