

Membership Conditions

MEMBERSHIP	ESSENTIAL	PREMIUM
Monthly fee	120€	180€
Semiannual fee	650€	975€
Annual fee	1.200€	1.800€
Membership fee	150€	150€

ESSENTIAL

- Full access to fitness facilities and swimming pool
- Full access to group classes
- Initial evaluation and Inbody analysis
- One complimentary nutrition consultation *
- One complimentary Personal training session *
- Access to the Water Therapy Circuit facilities one time per week *
- Access to locker rooms, robes, slippers, towels and toiletries
- Express breakfast available from 7:00 to 9:30
- Selection of fruits and purified water available
- 10% discount on personal training packages
- 10% discount on THF SPA treatments

*Per mont

All prices are inclusive of VAT at the current rate

PREMIUM

- Full access to fitness facilities and swimming pool
- Full access to group classes
- Initial evaluation and Inbody analysis
- One complimentary nutrition consultation *
- One complimentary Personal training session *
- Access to the Water Therapy Circuit facilities three times per week **
- Access to locker rooms, robes, slippers, towels and toiletries
- Express breakfast available from 7:00 to 9:30
- Selection of fruits and purified water available
- 10% discount on personal training packages
- 20% discount on THE SPA treatments
- One complimentary personalised treatment of 25 min*
- 10% discount on conference rooms
- 20% discount on food and beverages at the Hotel
- Free parking ***
- One complimentary night stay at Corinthia Lisbon (breakfast included), valid for 1 year ***

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^{**}One hour subject to availability and prior reservation

*** Subjec to availability