

MEMBERSHIP CONDITIONS



Introducing our Gym Membership, designed to elevate your wellness journey. Train with top-tier Technogym ARTIS equipment, join inspiring group classes led by expert instructors, and restore balance with exclusive access to our Water Therapy Circuit and indoor pool.

MOVEMENT ESSENTIAL

Monthly fee	€120
Semiannual fee	€650
Annual fee	€1,200
Enrollment fee	€150

- ✓ Unlimited access to our fitness facilities and swimming pool
- ✓ Participation in up to four group classes*
- ✓ Comprehensive initial consultation and InBody body composition analysis
- ✓ One complimentary personal training session with our expert coaches
- ✓ Weekly access to the Water Therapy Circuit**
- ✓ Access to locker rooms, robes, slippers, towels, and toiletries
- ✓ Complimentary express breakfast available from 7:00 to 9:30
- ✓ Complimentary selection of fresh fruits and purified water
- ✓ 10% savings on personal training packages
- ✓ 10% savings on spa treatments, day passes, and gift vouchers, extendable to family and friends

WELLNESS PREMIUM

Monthly fee	€180
Semiannual fee	€975
Annual fee	€1,800
Enrollment fee	€150

EVERYTHING IN MOVEMENT ESSENTIAL, PLUS:

- ✓ Participation in up to six group classes*
- ✓ Weekly access to the Water Therapy Circuit**
- ✓ Welcome gift: one complimentary 25-minute personalised treatment, valid once per membership
- ✓ 20% savings on food and beverages at the hotel
- ✓ 20% savings on spa treatments, day passes, and gift vouchers (10% extendable to family and friends)
- ✓ Complimentary parking***

WELLNESS SIGNATURE

Monthly fee	€250
Semiannual fee	€1,400
Annual fee	€2,500
Enrollment fee	-

EVERYTHING IN WELLNESS PREMIUM, PLUS:

- ✓ Participation in up to ten group classes*
- ✓ Full access to the Water Therapy Circuit**
- ✓ 20% savings on personal training packages
- ✓ 30% savings on The Spa treatments & gift vouchers
- ✓ One 50-minute Corinthia Signature Massage*
- ✓ 10% savings on conference room bookings
- ✓ 30% savings on spa treatments, day passes, and gift vouchers (10% extendable to family and friends)

*Per month

**One hour subject to availability and prior reservation

*** Subject to availability

Begin your wellness journey today.

Contact our Spa team for membership details and personalised guidance.

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THE SPA
by Corinthia Lisbon