

# PERSONAL TRAINER

## ESPA LIFE AT CORINTHIA

We are currently seeking a Personal Trainer to join the fitness team at ESPA Life, our successful and award winning spa at Corinthia Hotel London.

### **Scope and Purpose**

As Personal Fitness Trainer you will provide a memorable experience to our guests using our fully equipped, state-of-the-art gym. You will be confident and knowledgeable whilst undertaking an array of fitness and wellness programs tailored to our guests' and members' needs, whilst maintaining excellent five star client care and operational standards.

You will also be responsible for revenue generation through upselling of personal training sessions and cross-selling to other business centres in the spa and across the hotel.

### **Entry Requirements**

We are looking for individuals that understand what it takes to be the best and preferably with proven success in a similar environment. If you are a team player, keen to learn with a desire to excel, and have outstanding interpersonal and communication skills please do apply.

Other skills that will need to be demonstrated include:

- UK recognised Personal Training Qualifications or Sports degree
- Sports Massage qualification and experience a distinct advantage
- Excellent understanding of client care and five star standards
- Exceptional customer care skills
- Empathy for your colleagues
- Ability to work under pressure
- Pride and attention to detail in your work
- The finest personal presentation
- Distinctive, professional and warm personality
- Confidence & professionalism in dealing with high profile clients

### **About ESPA Life at Corinthia:**

Corinthia Hotel London combines contemporary flair with traditional grandeur. Situated in the cultural heart of the capital, the hotel features 294 beautiful rooms, elegant restaurants and bars and the largest, most breathtaking spa in London, *ESPA Life at Corinthia*.

Within London's most exciting luxury 5\* hotel, Corinthia Hotel London, *ESPA Life at Corinthia* opened its doors in spring 2011 and has been voted



CORINTHIA  
HOTEL  
LONDON

'Best European Spa' in The Times, The Sunday Times and the Sunday Times Magazine Travel Awards.

The exciting partnership began with the launch of *ESPA Life* at Corinthia Hotel London, the eagerly anticipated flagship spa of these two prestigious brands. Set over four floors covering approx. 4000 square metres, this impressive spa takes innovative design to a new level, offering an outstanding array of spa and wellness facilities combined with an exceptional experience synonymous with the ESPA philosophy.

### **Benefits**

- Competitive base salary plus commission on all sessions
- 20 paid holidays per annum (plus bank/public holidays)
- Complimentary dry cleaning of business attire/uniform
- Discounted Salon, Spa, Food and Beverage and accommodation rates – in London and across our the Corinthia Hotel International portfolio
- Complimentary meals on duty
- Professional learning and development programs
- Intra & intercompany transfer opportunities (subject to service & performance)
- Contributory pension scheme provided
- Season ticket loan

### **Eligibility**

In line with the requirements of the Asylum & Immigration Act 1996, all applicants must be eligible to live and work in the UK. Documented evidence of eligibility will be required from candidates as part of the recruitment process.