



CORINTHIA
HOTEL
LONDON

Chef's Calendar
of Seasonal Ingredients



EVENTS AT CORINTHIA

At Corinthia Hotel London each event is a highly individual occasion. With this in mind we have created a booklet of the very best seasonal ingredients locally sourced from within the United Kingdom and some organic ingredients which are available on request. We have highlighted these through the months to guide you.

Using this guide will allow you to craft carefully your bespoke dinner menu from start to finish. Each page details a list of the very best ingredients for each month of the year hand-picked by our Executive Chef, Adriano Cavagnini.

THE NEXT STEPS

Once you have decided on your key ingredients we will invite you to meet with Adriano and his team to design your menu.

We recommend this meeting takes place 12 weeks prior to your event date to ensure that we have enough time to plan every detail and allow time for a tasting of your chosen dishes.

During the tasting you will be able to sample three starters, three main courses and three desserts, as well as a vegetarian starter and main course. In addition our sommelier will hand-pick a selection of wines to complement your dishes.

EVENTS.LONDON@CORINTHIA.COM

+44(0) 20 7321 3039

JANUARY



APPLE *	DATES	PARSNIP
BEEF *	GRAPEFRUIT	PEAR *
BEETROOT	JERUSALEM ARTICHOKE	POMEGRANATE *
BRAMLEY APPLE *	KALE *	PORK *
BRUSSELS SPROUTS	LAMB *	RADICCHIO *
CAULIFLOWER	LEEK	RHUBARB
CELERIAC	LEMON *	SALSIFY *
CABBAGE	MUSSELS	SPRING ONION
CHESTNUT	NECTARINE	SWEDE
CHICKEN *	NEW POTATOES *	SWEET POTATO
CHICORY	ONION *	TURNIP
CLEMENTINE	ORANGE	WHITING *
CELERY	PAK CHOI	

FEBRUARY



APPLE *	HALIBUT	PORK *
BEEF *	JERUSALEM ARTICHOKE	PURPLE SPROUTING BROCCOLI
BRAMLEY APPLE *	KALE *	RADICCHIO *
CAULIFLOWER	LEEK	RHUBARB
CELERIAC	MUSSELS	SPRING ONION
CHICKEN *	ONION *	SPRING LAMB *
CHICORY	ORANGE	SWEDE
CLEMENTINE	PAK CHOI	SWEET POTATO
COD	PARSNIP	TURNIP
CELERY	PEPPER *	WHITING *
GRAPEFRUIT	POMEGRANATE *	

* Organic ingredients can be sourced



MARCH

BEEF *	HALIBUT	PORK *
BRAMLEY APPLE *	LEEK	PURPLE SPROUTING BROCCOLI
BRUSSELS SPROUTS	LEMON *	RADICCHIO *
CAULIFLOWER	MUSSELS	RHUBARB
CELERIAC	ONION *	SALMON *
CABBAGE	ORANGE	SPRING ONION
CHICKEN *	PAK CHOI	SPRING LAMB *
CHICORY	PARSNIP	SWEET POTATO
COD	PEPPER *	
GRAPEFRUIT	POMEGRANATE *	

APRIL



BEEF *	HALIBUT	PURPLE SPROUTING BROCCOLI
CAULIFLOWER	LAMB *	RADICCHIO *
CELERIAC	NEW POTATOES *	RHUBARB
CABBAGE	ONION *	SALMON *
CHICKEN *	PAK CHOI	SORREL
COD	PEPPER *	SPINACH *
CRAB	POMEGRANATE *	SPRING GREENS
CRANBERRY	PORK *	SPRING ONION
GRAPEFRUIT	POTATO	WATERCRESS

* Organic ingredients can be sourced



MAY

APRICOT *	MACKEREL *	RADICCHIO *
BEEF *	MINT	RADISH
CABBAGE	NECTARINE	RHUBARB
CHERVIL	NEW POTATOES *	SALMON *
CHICKEN *	ONION *	SORREL
CRAB	PAK CHOI	SPINACH *
GRAPEFRUIT	PEAS	SPRING GREENS
HALIBUT	PEPPER *	SPRING ONION
LAMB *	POMEGRANATE *	TUNA
LAMB'S LETTUCE	PORK *	WATERCRESS
LETTUCE	POTATO	



JUNE

ASPARAGUS *	LAMB'S LETTUCE	RADISH
APRICOT *	LETTUCE	RHUBARB
AUBERGINE	MACKEREL *	RUNNER BEANS
BEEF *	MINT	SALMON *
BLACKCURRANT	NECTARINE	SORREL
CARROT *	NEW POTATOES *	SPINACH *
CABBAGE	ONION *	SPRING GREENS
CHERVIL	PAK CHOI	SPRING ONION
CHICKEN *	PEAS	STRAWBERRY
COURGETTE	PEPPER *	TOMATO *
CRAB	POMEGRANATE *	TUNA
GOOSEBERRY	PORK *	WHITING *
HALIBUT	POTATO	WATERCRESS
LAMB *	RADICCHIO *	

* Organic ingredients can be sourced



JULY

ASPARAGUS *	GOOSEBERRY	RADISH
APRICOT *	HALIBUT	RASPBERRY
AUBERGINE	LAMB *	RED CURRANT
BASIL	LAMB'S LETTUCE	RUNNER BEANS
BEEF *	LETTUCE	SALMON *
BEETROOT	MACKEREL *	SAMPHIRE
BLACKCURRANT	MINT	SORREL
BROAD BEANS *	NECTARINE	SPINACH *
CARROT *	NEW POTATOES *	SPRING ONION
CAVOLO NERO *	ONION *	STRAWBERRY
CHERRY	PAK CHOI	SWISS CHARD
CABBAGE	PEAS	TOMATO *
CHERVIL	PEPPER *	TUNA
CHICKEN *	POMEGRANATE *	WHITING *
COURGETTE	PORK *	WATERCRESS
CRAB	POTATO	WATERMELON *
GARLIC	RADICCHIO *	

AUGUST

APRICOT *	GARLIC	RADICCHIO *
AUBERGINE	GOOSEBERRY	RADISH
BASIL	HALIBUT	RASPBERRY
BEEF *	KOHLRABI	RED CURRANT
BEETROOT	LAMB *	RUNNER BEANS
BLACKBERRY	LAMB'S LETTUCE	SALMON *
BROAD BEANS	LETTUCE	SAMPHIRE
BROCCOLI	MACKEREL *	SORREL
CARROT *	MINT	SPINACH *
CAVOLO NERO *	NECTARINE	SPRING GREENS
CABBAGE	ONION *	STRAWBERRY
CHERVIL	PAK CHOI	SWISS CHARD
CHICKEN *	PEACH	TOMATO *
COURGETTE	PEAS	TUNA
CELERY	PEPPER *	WHITING *
CRAB	POMEGRANATE *	WATERCRESS
FIG *	PORK *	WATERMELON *

* Organic ingredients can be sourced



SEPTEMBER

APRICOT *	GOOSEBERRY	PORK *
APPLE *	GUINEA FOWL	RADICCHIO *
AUBERGINE	HALIBUT	RADISH
BEEF *	KOHLRABI	RASPBERRY
BEETROOT	LAMB *	RED CURRANT
BLACKBERRY	LAMB'S LETTUCE	RUNNER BEANS
BROAD BEANS	LETTUCE	SALMON *
BROCCOLI	MACKEREL *	SORREL
CARROT *	MINT	SPINACH *
CAVOLO NERO *	NECTARINE	SPRING ONION
CELERIAC	ONION *	STRAWBERRY
CABBAGE	PAK CHOI	SWEETCORN
CHERVIL	PARSNIP	SWISS CHARD
CHICKEN *	PEACH	TOMATO *
COURGETTE	PEAR *	TUNA
CELERY *	PEAS	WHITING *
CRAB	PEPPER *	WATERCRESS
FIG *	PLUM	
GARLIC	POMEGRANATE *	

OCTOBER

APPLE *	GARLIC	PORK *
AUBERGINE	GUINEA FOWL *	PUMPKIN *
BEEF *	KOHLRABI	QUINCE *
BEETROOT	KALE *	RADICCHIO *
BLACKBERRY	LAMB *	RADISH
BRUSSELS SPROUTS	LAMB'S LETTUCE	RUNNER BEANS
BROCCOLI	LETTUCE	SALSIFY *
CAVOLO NERO *	MACKEREL *	SPRING ONION
CELERIAC	MUSSELS	SWEDE
CABBAGE	ONION *	SWEET POTATO
CHESTNUT	PAK CHOI	SWISS CHARD
CHICKEN *	PARSNIP	TOMATO *
CELERY	PEAR *	TURKEY *
CRAB	PEAS	TURNIP
CRANBERRY	PEPPER *	WHITING *
DUCK	PLUM	
FIG *	POMEGRANATE *	

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NOVEMBER

APPLE *	GUINEA FOWL	PORK *
BEEF *	JERUSALEM ARTICHOKE	PUMPKIN *
BEETROOT	KOHLRABI	QUINCE *
BLACKBERRY	KALE *	RADICCHIO *
BRUSSELS SPROUTS	LAMB *	RUNNER BEANS
CELERIAC	LAMB'S LETTUCE	SALSIFY *
CABBAGE	LETTUCE	SPRING ONION
CHESTNUT	MACKEREL *	SWEDE
CHICKEN *	MUSSELS	SWEET POTATO
CLEMENTINE	ONION *	SWISS CHARD
CELERY	PAK CHOI	TURKEY *
CRAB	PARSNIP	TURNIP
CRANBERRY	PEAR *	WHITING *
DATE	PEAS	
DUCK	POMEGRANATE *	



DECEMBER

APPLE *	JERUSALEM ARTICHOKE	QUINCE *
BEEF *	KOHLRABI	RADICCHIO *
BEETROOT	KALE *	RUNNER BEANS
BRUSSELS SPROUTS	LAMB *	SALSIFY *
CELERIAC	LAMB'S LETTUCE	SPRING ONION
CABBAGE	LETTUCE	SWEDE
CHESTNUT	MUSSELS	SWEET POTATO
CHICKEN *	ONION *	SWISS CHARD
CLEMENTINE	PAK CHOI	TOMATO *
CELERY	PARSNIP	TUNA
CRAB	PEAR *	TURKEY *
CRANBERRY	PEAS	TURNIP
DATE	POMEGRANATE *	WHITING *
DUCK *	PORK *	
GUINEA FOWL	PUMPKIN *	

* Organic ingredients can be sourced



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LONDON

Events at Corinthia

The ultimate choice for your next event

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[CORINTHIA.COM/LONDON](https://www.corinthia.com/london)