

## HEALTHY BREAKS

### Gluten Free Selection

Lemon Cheesecake, Citrus Jelly (Vegan and Gluten Free)  
Chocolate Brownie, Macca Ganache  
Fat Free Yoghurt, Banana Puree, Avocado Cream  
Lemon and Rose Cake, Lemon Curd, Toasted Hazelnut  
Quinoa and Chia Seeds Cereal Bars

### Super-Active Juices

Beetroot  
Apple and Ginger  
Coconut and Cherry

### Protein Shakes

Flaxseed, Avocado, Apple Juice, Gluten Free Organic Oats, Banana and Protein Powder  
Cocoa Powder, Espresso, Cardamom, Banana and Honey  
Green Tea, Mixed Berries, Avocado, Vanilla Powder and Bee Pollen

**£7.50 per item per person**

*Food Allergies and Intolerances:*

*Should you have any questions regarding the content or preparation of any of our food please ask one of our team.*