



  
CORINTHIA™  
BAB AFRICA HOTEL  
TRIPOLI

ATHENÆUM  
SPA & TREATMENT MENU

Corinthia Bab Africa Hotel, Tripoli  
Souk Al Thulatha, Al Gadim, Tripoli, Libya. T: +(218) 21 335 1990 E: [reservations@corinthia.ly](mailto:reservations@corinthia.ly)

  
CORINTHIA™  
BAB AFRICA HOTEL  
TRIPOLI



## SPA PHILOSOPHY

*Experience a distinct way of life at the spa,  
located at The Corinthia Bab Africa Hotel.  
It is a haven that brings together a fusion of  
ancient and contemporary therapies, inspired  
by age-old rituals based on western science.  
A retreat to pamper and elevate you to a  
different being altogether.*

## THE SPA PRACTICE

*At the spa, your journey begins with an enduring warm welcome, a cool towel and a brief conversation to ensure the optimal wellness experience. Then you will be guided through a sanctuary, designed to make you feel relaxed and help surrender to the pleasures of these senses.*

## THE SPA CONDITIONS

*All treatments offered at the spa are therapeutic procedures designed to encourage a feeling of wellbeing. Moreover, all massages are performed by spa therapists who have been trained by recognized instructors.*

*If you have any health issues you are advised to consult your doctor before booking a treatment.*

## THE SPA FACILITIES

*1 Relaxation Area, 5 Spa Suites, 2 Hydro Therapy/Hydro Bath/Vichy Shower, Fitness Centre, Outdoor Pool, Indoor Pool, 2 Steam Rooms, 1 Jacuzzi, Changing Rooms, Private Lockers, Consultation Areas and Retail Corner*

## THE SPA TIMINGS

*The spa facilities and treatments are available daily from 9am to 10pm.*

*Pool and Fitness Centre access is from 6:30am to 10pm.*

## THE SPA RESERVATIONS

*Advance bookings are recommended. All spa bookings must be secured with a credit card.*

*Please call +218 21 335 1990 or dial extension 3800 from your hotel room or email: [spatripoli@corinthia.com](mailto:spatripoli@corinthia.com)*

## THE SPA ARRIVAL

*Please arrive 20–30 minutes prior to your appointment to fully enjoy your spa experience. This will allow us to have a brief discussion with you about your treatment expectations. You are requested to notify reception if you are pregnant or have any health issues.*

## THE SPA ATTIRE

*There is no special clothing required, Towel, robes, slippers, comfortable underwear for body treatments and other amenities are provided for use in and around the spa.*

## THE SPA ETIQUETTE

*The spa environment is one of tranquility and relaxation. Please respect all spa guests' right to privacy and serenity. It is required that you be dressed in appropriate bathing costume and robe whilst using the wet areas. Admission to the spa is only for adults and persons over 16 years of age.*

*To fully enjoy a peaceful and tranquil environment and to ensure the comfort of others, the spa is observed as a non-smoking and mobile-free zone.*

## THE SPA POLICY

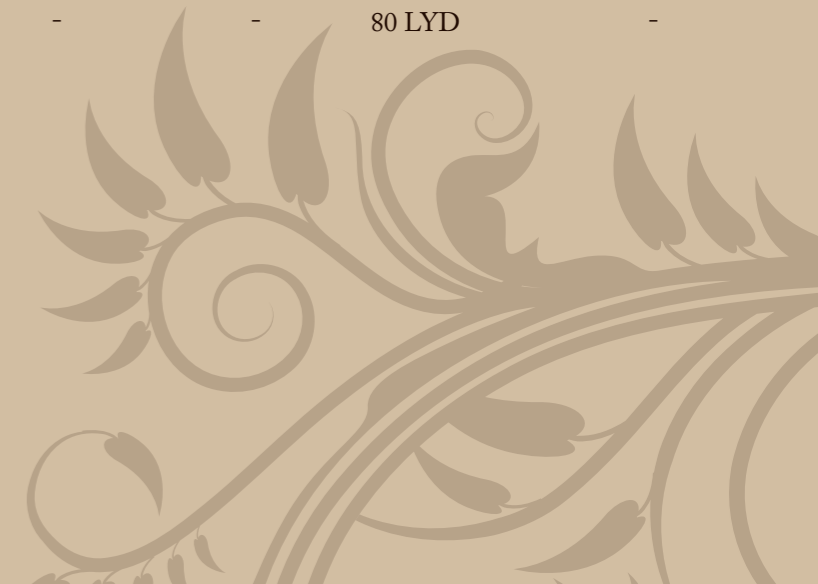
*Please give us at least 12 hours notice for cancellation or we regret that a 50% cancellation fee will apply. A 'no show' will incur 100% charge.*

## THE SPA GIFTS

*An ideal gift for spa enthusiasts, gift vouchers for products and treatments are available at the spa. These vouchers are non-refundable and must be presented at the time of treatment.*

## BEAUTY SERVICES

<i>MANICURE &amp; PEDICURE</i>				<i>MASSAGE</i>				
				<i>25 MINS</i>	<i>45 MINS</i>	<i>60 MINS</i>	<i>90 MINS</i>	
<i>BASIC MANICURE</i>	<i>45 MINS</i>		35 LYD	<i>CORINTHIA SIGNATURE MASSAGE</i>	50 LYD	75 LYD	90 LYD	125 LYD
<i>BASIC PEDICURE</i>	<i>50 MINS</i>		45 LYD	<i>HOT STONE MASSAGE</i>	-	-	130 LYD	170 LYD
<i>DELUXE MANICURE</i>	<i>50 MINS</i>		45 LYD	<i>SWEDISH MASSAGE</i>	40 LYD	65 LYD	80 LYD	-
<i>DELUXE PEDICURE</i>	<i>60 MINS</i>		55 LYD	<i>DEEP TISSUE MASSAGE</i>	50 LYD	75 LYD	90 LYD	-
<i>SPA MANICURE</i>	<i>75 MINS</i>		75 LYD	<i>THERAPEUTIC MASSAGE</i>	50 LYD	75 LYD	90 LYD	-
<i>SPA PEDICURE</i>	<i>90 MINS</i>		90 LYD	<i>TONIC MASSAGE</i>	50 LYD	75 LYD	90 LYD	-
<i>FRENCH MANICURE</i>	<i>50 MINS</i>		45 LYD	<i>ANTI-CELLULITE MASSAGE</i>	55 LYD	80 LYD	100 LYD	-
<i>FRENCH PEDICURE</i>	<i>60 MINS</i>		55 LYD	<i>AROMATHERAPY MASSAGE</i>	-	-	90 LYD	125 LYD
<i>NAIL POLISH</i>	<i>20 MINS</i>		20 LYD	<i>BRIDE'S MASSAGE (lavender &amp; rose)</i>	-	-	80 LYD	-
<i>HAND PARAFFIN TREATMENT</i>	<i>30 MINS</i>		35 LYD	<i>GROOM'S MASSAGE (ylang ylang &amp; neroli)</i>	-	-	80 LYD	-
<i>FOOT PARAFFIN TREATMENT</i>	<i>30 MINS</i>		45 LYD	<i>HEAD MASSAGE</i>	30 LYD	50 LYD	-	-
				<i>HEAD MASSAGE &amp; HAIR MASK</i>	-	-	90 LYD	-
				<i>FOOT REFLEXOLOGY MASSAGE</i>	40 LYD	60 LYD	75 LYD	-
				<i>FACE MASSAGE</i>	50 LYD	-	-	-
				<i>FACE MASSAGE &amp; MASK</i>	-	-	80 LYD	-
<i>HAIR REMOVAL / DEPILATION</i>				<i>SUGARING</i>	<i>WAXING</i>			
<i>EYEBROWS</i>	<i>25 MINS</i>		-		25 LYD			
<i>UPPER LIP OR CHIN</i>	<i>15 MINS</i>		15 LYD		20 LYD			
<i>COMPLETE FACE</i>	<i>45 MINS</i>		50 LYD		60 LYD			
<i>ARMPIT</i>	<i>20 MINS</i>		25 LYD		30 LYD			
<i>HALF ARMS</i>	<i>25 MINS</i>		30 LYD		40 LYD			
<i>FULL ARMS</i>	<i>45 MINS</i>		40 LYD		50 LYD			
<i>BIKINI LINE</i>	<i>25 MINS</i>		20 LYD		30 LYD			
<i>HALF LEGS</i>	<i>25 MINS</i>		30 LYD		40 LYD			
<i>FULL LEGS (excluding bikini)</i>	<i>50 MINS</i>		60 LYD		70 LYD			
<i>FULL BODY</i>	<i>150 MINS</i>		150 LYD		175 LYD			



*“BACK TO NATURE”  
SIGNATURE BEAUTY  
SERVICES*

*BODY POLISH*

<i>SEA SALT GLOW</i>	<i>30 MINS</i>	<i>80 LYD</i>
<i>“EXOTIC CITRUS” BODY SCRUB</i>	<i>45 MINS</i>	<i>90 LYD</i>
<i>“COFFEE” ANTI-CELLULITE BODY SCRUB</i>	<i>45 MINS</i>	<i>90 LYD</i>
<i>“INDULGENT CHOCOLATE” BODY SCRUB</i>	<i>45 MINS</i>	<i>90 LYD</i>
<i>“SPICES OF THE ORIENT” BODY SCRUB</i>	<i>45 MINS</i>	<i>90 LYD</i>
<i>COCONUT BODY SCRUB</i>	<i>45 MINS</i>	<i>90 LYD</i>

*\*All body polish services include a 10 min affusion shower massage.*

*BODY WRAP / BODY MASK*

<i>GREEN CLAY THERAPEUTIC WRAP</i>	<i>60 MINS</i>	<i>90 LYD</i>
<i>COCONUT CLAY MASK</i>	<i>60 MINS</i>	<i>110 LYD</i>
<i>RASSOUL WRAP</i>	<i>60 MINS</i>	<i>90 LYD</i>
<i>DETOX BODY WRAP (Also for stretch marks)</i>	<i>60 MINS</i>	<i>110 LYD</i>
<i>ANTI-CELLULITE WRAP</i>	<i>60 MINS</i>	<i>100 LYD</i>
<i>CHOCOLATE WRAP</i>	<i>60 MINS</i>	<i>110 LYD</i>
<i>SLIMMING MARINE MUD WRAP</i>	<i>60 MINS</i>	<i>120 LYD</i>
<i>RELAXING &amp; MOISTURISING WRAP</i>	<i>60 MINS</i>	<i>120 LYD</i>
<i>PAIN RELIEF CATAPLASM (boue marine)</i>	<i>60 MINS</i>	<i>120 LYD</i>

*HYDROTHERAPY*

<i>THERAPEUTIC BATH</i>	<i>20 MINS</i>	<i>50 LYD</i>
<i>HERBAL BATH</i>	<i>20 MINS</i>	<i>45 LYD</i>
<i>AROMATHERAPY BATH</i>	<i>20 MINS</i>	<i>45 LYD</i>
<i>CLEOPATRA’S MILK BATH</i>	<i>20 MINS</i>	<i>60 LYD</i>
<i>BRIDE’S BATH (milk, honey &amp; rose petal)</i>	<i>20 MINS</i>	<i>60 LYD</i>
<i>CHOCOLATE BATH</i>	<i>20 MINS</i>	<i>60 LYD</i>
<i>COCONUT BATH</i>	<i>20 MINS</i>	<i>60 LYD</i>
<i>AFFUSION SHOWER</i>	<i>20 MINS</i>	<i>60 LYD</i>
<i>UNDER AFFUSION MASSAGE (2 hands)</i>	<i>30 MINS</i>	<i>90 LYD</i>
<i>4 HAND UNDERWATER MASSAGE</i>	<i>30 MINS</i>	<i>140 LYD</i>

*Allow us to connect you with nature where  
you can tap into the many soothing benefits  
of Water, Chocolate, Coconut and many more.*



## PACKAGES

### ONE DAY

<b>SLIMMING</b> - 2 HRS 30 MINS	Sauna - 15 mins, "Coffee" anti-cellulite body scrub - 30 mins, Affusion Shower - 15 mins, Slimming Marine Mud Body Wrapping or Anti-cellulite body wrap - 40 mins, Slimming Massage - 45 mins	270 LYD
<b>STRESS AWAY FOR MEN (BASIC)</b> - 2 HRS 30 MINS	Sauna <i>or</i> Steambath - 15 mins, Body Polish - 30 mins, Affusion Shower with 2 hand Massage - 15 mins, Corinthia Signature Massage - 60 mins, Foot Reflexology - 25 mins	230 LYD
<b>STRESS AWAY FOR MEN (LUXURY)</b> - 2 HRS 30 MINS	Therapeutic Bath - 20 mins, Relaxing & Moisturising Marine Mud Body Wrap - 60 mins ( <i>includes 15 min Affusion Shower</i> ), Corinthia Signature Massage - 60 mins, Foot Reflexology - 25 mins	270 LYD
<b>STRESS AWAY FOR WOMEN</b> - 2 HRS 30 MINS	Sauna <i>or</i> Steambath - 15 mins, "Exotic Citrus" Body Scrub - 30 mins, 2 hand Underwater Massage - 20 mins, Aromatherapy Massage - 60 mins, Head Massage - 25 mins	230 LYD
<b>SPICES OF THE ORIENT</b> - 2 HRS 45 MINS	Sauna <i>or</i> Steambath followed with the natural oriental soap application - 25 mins, "Spices of the Orient" Body Scrub - 30 mins, Massage under affusion with oriental blend honey cream - 20 mins, Spiced Rassoul Body Wrap - 30 mins, Oriental Blend Aromatherapy Massage - 60 mins	300 LYD

<b>COCONUT LOVE ADDICTION</b> - 3 HRS 20 MINS	Coconut Body Scrub - 30 mins, Coconut Bath - 20 mins, Coconut Clay Body Mask - 60 mins, Coco Miel Aromatherapy Massage - 60 mins	300 LYD
--	--	---------

<b>CHOCOLATE INDULGENCE</b> - 3 HRS 20 MINS	Chocolate Body Scrub - 30 mins, Chocolate Bath - 20 mins, Chocolate Wrap - 60 mins, Aromatherapy Massage - 60 mins	300 LYD
--	--	---------

<b>WEDDING DAY (FOR THE BRIDE)</b> - 3 HRS	Rose Petal Body Scrub (body & face) - 30 mins, Bride's Bath - 30 mins, Bride's Massage - 60 mins, Hand & Foot Spa Treatment - 60 mins	300 LYD
---	---	---------

<b>WEDDING DAY (FOR THE GROOM)</b> - 3 HRS	Spices of the Orient Body Scrub (body & face) - 30 mins, Groom's Bath - 30 mins, Groom's Massage - 60 mins, Hand & Foot Spa Treatment - 60 mins	300 LYD
---	---	---------

*THREE DAY*

**BRIDAL PACKAGE**

FIRST DAY - 850 LYD

Sauna or Steambath - 15 mins, Body Polish - 30 mins,  
Special Bride's Facial - 60 min

SECOND DAY -

Full Body Wax & Bleaching - 150 mins, Head Massage & Hair  
Mask - 60 mins, Spa Manicure - 75 min, Spa Pedicure - 90 min

THIRD DAY -

Bride's Bath - 20 mins, Bride's Massage - 60 mins, Face, neck  
& decollte Massage & Rose Petal Beauty Mask - 60 min

**GROOM PACKAGE**

FIRST DAY - 700 LYD

Sauna or Steambath - 15 mins, Body Polish - 30 mins,  
Special Groom's Facial - 75 min

SECOND DAY -

Underwater Massage - 30 mins, Asian Pressure Massage  
- 60 mins, Foot Reflexology - 45 min

THIRD DAY -

Groom's Bath - 60 mins, Groom's Massage - 60 mins,  
Head Massage & Hair Mask - 60 min

**SLIMMING PACKAGE**

FIRST DAY - 700 LYD

Sauna - 15 mins, "Coffee" Anti-Cellulite Body Scrub - 30 mins,  
Affusion Shower - 15 min, Slimming Marine Mud Body Wrap  
- 40 min, Slimming Massage - 45 min

SECOND DAY -

Sauna or Steambath - 15 mins, Therapeutic Slimming Bath - 20 mins,  
Anti-Cellulite Body Wrap - 40 min, Slimming Massage - 45 min

THIRD DAY -

Sauna or Steambath - 15 mins, Therapeutic Slimming Bath - 20 mins,  
Detox Body Wrap (*also for stretch marks*) - 30 min, Slimming  
Massage - 45 min



**SPA MEMBERSHIP**  
*(Outdoor and Indoor Swimming Pool,  
Gymnasium, Sauna and Steam Bath)*

*ATHENAEUM SINGLE*

<i>3 MONTHS</i>	700 LYD
<i>6 MONTHS</i>	1200 LYD
<i>12 MONTHS</i>	1900 LYD

*ATHENAEUM DOUBLE*

<i>3 MONTHS</i>	1200 LYD
<i>6 MONTHS</i>	2000 LYD
<i>12 MONTHS</i>	3500 LYD

*Discounts offered for memberships of a group  
of 8 persons or more. Please ask at the reception.*

*To revive the rejuvenation forever, you may  
continue the experience at home through  
recommended beauty secrets, practical advice  
and luxurious products that will indulge and  
entice you to come back for more.*



**Elemis**

**ELEMIS TREATMENTS**

*Developed by a specialized team, with extensive  
clinical and scientific studies, Elemis professional  
spa-therapies are world renowned for their powerful  
massage sequences combined with the most dynamic  
actives, available in the world today. Escape the  
pressures of daily life and make time for*

*Elemis Facials provide the perfect skin  
using exceptional conditioning pro  
deeply  
sti*